

**CENTERPOINT HUMAN SERVICES
CFAC MEETING
APPROVED MINUTES
Location: Forsyth County
November 9, 2009**

Members Present: Tim Blake, Wini Kniejski, Secretary, Obie Johnson, Janet Childress, Michelle Cutter, Dr. William Donohue

Members Absent: Jessica Romahn, Marguerite Huchinson-Rhodes

Staff Present: Caroline Steele

Division Staff Present: Suzanne Thompson

Guest Present: None

I. Call to Order, Approval Of Minutes, Introductions and Welcoming

Tim Blake, Chair, called the meeting to order at 5:30 p.m. and announced a quorum was present. No one signed up to speak in public session.

Dr. Donohue made a **motion** to approve minutes of October 12, 2009 session; seconded by Ms. Childress; **approved** unanimously.

II. CFAC SURVEY UPDATE

Wini Kniejski reported on CFAC Survey. Tim Blake and Wini Kniejski met with Dr. Ellen Nicola on 10/23/09. Individual survey responses can be input into Survey Monkey. Data can then be analyzed. Dr. Nicola recommended the results to be presented to CenterPoint Board in Executive Summary in the format of why? how? and results?. Chris Kelsey, a member of the DD Council, volunteered to input individual responses (approximately 190) to Survey Monkey. She will receive the responses from Laura Gorycki. Ms. Kniejski proposed (and group agreed to) the following timeline.

- Survey responses to Chris Kelsey (Laura Gorycki) -complete 11/15/09
- Input responses to Survey Monkey (Chris Kelsey) – complete 12/1/09
- CenterPoint IT Department to calculate/analyze results – complete 12/15/09
- Presentation to CFAC – complete 1/11/10
- Presentation to CenterPoint Board – complete 2/26/10

Michelle Cutter volunteered to give some additional surveys. Survey will stay on Survey Monkey until the end of November. We ascertain from Ms. Kelsey if all inputs can be completed by the end of November.

III. NOMINATIONS FOR CFAC CHAIR POSITION - OPEN DISCUSSION

Mr. Blake contacted Ms. Romahn and several other CFAC members from other counties regarding the open Chair position. No one expressed an interest in the Chair position.

The Committee discussed the CFAC Bylaws as they pertain to a Chair's resignation. The Chair, with approval, can agree to stay in the position for a given amount of time beyond term before resigning.

Ms. Cutter asked if Mr. Blake would agree to remain as Chair beyond December. Mr. Blake stated that he cannot continue to be the chair due to other obligations. Ms. Romahn will agree to run meetings for a short period of time, but is not interested in being the Chair.

The Chair must be a seated, voting member. There was discussion about having former CFAC member(s) apply again, go to 3 meetings, etc. Former members are not excluded from rejoining. Bylaws are the best source of conduct of officers/job description. Mr. Blake recommended that all members think about possible candidates. Past members are welcome to reapply. All four counties need to discuss this in November meetings. Mr. Johnson suggested a membership drive to get more members.

IV. CHAIR REPORT

Mr. Blake announced that there are no scholarships available for 2009 NC Council Conference in Pinehurst, NC. Caroline Steele recommended priority for members who have not attended in past. Forsyth CFAC budget could fund member(s) to attend. Mr. Johnson is interested in attending. Total cost is about \$600 per person to attend. Past attendees agreed that it is a very worthwhile conference and recommend attendance. Dr. Donohue made a **motion** to fund those interested in attending; seconded by Ms. Cutter; **approved** unanimously. Mr. Blake will send an email to other counties to see if others want to go. Money would come from individual county CFAC budgets.

V. CFAC OUTREACH OPPORTUNITIES

A. The Fall Provider Fair will be held on November 10th, from 11 to 6 pm. Mr. Blake encouraged all to attend and suggested a volunteer schedule for manning outreach events to ensure that all times are covered for this and future events.

B. Transition Fair. Ms. Steele reported a concern about manning the CFAC booth at the Transition Fair. She made a request to the school system that the \$50 fee be waived for CFAC. However, because she had heard that the fair was not well covered by CFAC members, Ms. Steele proposed to give the school system back the fee of \$50. Ms. Cutter made a **motion** to pay back the \$50 to the school system. Dr. Donohue seconded the motion. Ms. Cutter said she left at 1:30 and all other booths were packing up to leave. The committee decided to forget giving the \$50 Registration fee since almost all people had already gone, and agreed to **rescind** the motion. Thank you to Ms. Cutter for manning the booth for CFAC.

Ms. Cutter gave a report on the Transition Fair. She said attendance was good. She gave information to students, parents and teachers about CFAC. The Survey was explained along with the importance of CFAC to the community and legislators. Ms. Cutter told students that joining CFAC would help them learn more about the community and its needs. It is rewarding to be a CFAC member and would be impressive on student resumes.

VI. LME UPDATE - CAROLINE STEELE

A. **CenterPoint Annual Report FY09**

During FY 09, CenterPoint providers served over 15,000 consumers in Forsyth Stokes and Davie County with Medicaid and state funds. There was a 13% increase in the volume of calls received by Screening, Triage and Referral (STR) from new and existing consumers seeking services. There were decreases in both admissions and bed day utilization rates at state psychiatric hospital. More consumers received services locally, with easier access to family member, services and supports. CenterPoint utilized fund balance to cover losses resulting from increased demand for new and existing services. The utilization percentage represents a 4.21% increase in the utilization percentage over FY 08.

CenterPoint was one of four Local Management Entities in the state selected by the NC Division to participate in the Crisis/Hospital Diversion Pilot receiving \$1.5 million in FY09 aimed at establishing community services to decrease use of state hospital beds.

CenterPoint's Patient Assistance Program, operated in collaboration with the Forsyth County Department of Public Health, distributed over \$3 million in free pharmaceuticals. CenterPoint successfully attained a full three-year accreditation by CARF (Council on Accreditation of Rehabilitation Facilities). CenterPoint received accolades for employment of Peer Support Specialist, trained individuals who have or are receiving services, and for implementation of the Patient Assistance Program. Some other accomplishments were the Needs Assessment, Expansion of Peer Support Specialists, Regional Crisis Services, Enhanced Substance Abuse Service continuum and the Hospital Discharge/Aftercare Services.

B. CPHS 1st Quarter Report

- CenterPoint amended the Local Business Plan to include Rockingham for the 3rd year.
- Service Expansion in the areas of Crisis Services and Substance Abuse Services and the changes with residential capacity. Leona Williams, Housing Specialist began employment August 2009.
- Rockingham had a needs assessment; focus group with August 10th with representation from law enforcement, CFAC, NAMI, providers, hospitals, DSS, other human service agencies; conducted consumer and provider/stakeholder surveys; to be published in 2nd Quarter.
- Website – CenterPoint's new website was implemented in late July 2009.
- Crisis Pilot Continuation Funding – CenterPoint received notice that \$1.5 million in continuation funding for the Hospital Diversion Pilot was approved; revised plan had been submitted earlier in June 2008.

VII. BOARD UPDATE

No update. Board Liaison, Mr. Tyndall was not in attendance at this meeting.

VIII. DIVISION UPDATE

Ms. Suzanne Thompson reported the following information.

A. Implementation #63 – Critical Access Behavioral Health Agency (CABHA) is the comprehensive provider concept being implemented by the Division of MH/DD/SAS and the Division of Medical Assistance. CABHA applies only to the mental health and substance abuse disability areas.

CABHA goals are the following.

- To have appropriate medical oversight.
- To have the most appropriate service based on clinical necessity.
- To develop a coherent service delivery to reduce fragmentation.

Critical Access Health Agencies must also have the following.

- 3 year accreditation required
- Minimally required staffing:
 1. 1 full time Medical Director on site (no more than 2 individuals)
 2. 1 full time Clinical Director on site (no more than 2 individuals)
 3. Quality Improvement/Training Director

Mr. Johnson asked if the CABHA policies affect the PATH Program. Ms. Thompson will follow-up with Division on this question.

B. Beyond Academics

Beyond Academics™ is a progressive four year post-secondary education program for adults with intellectual disabilities, in partnership with The University of North Carolina at Greensboro. Students participating in the program are adults determined to reach their fullest potential to live as independently as possible. With a mindset that emphasizes self-determination and person-centered

planning, Beyond Academic proposes that students with intellectual disabilities can benefit from involvement in integrated learning opportunities beyond the high school years in order to reach their greatest individual potential in all aspects of life. Beyond Academics is funded by a grant in the amount of \$200,000. The grant dollars must be channeled through a LME (CenterPoint) to the provider according to CMS and the federal regulations. Ms. Thompson suggested providing information about the program to legislators.

C. Public Forum

Ms. Thompson stated that Governor Perdue returned \$15 million to the NC Department of Health and Human Services. The money was divided among the State's LMEs based on population and various other variables. Each LME was required to submit a plan on how the money will be allocated. The State will audit each LME vs. budget to make sure the LME follows their plan.

IX. FINANCE COMMITTEE REPORT

Ms. Cutter will give a CenterPoint Board Finance Committee report at December's meeting.

X. NEW BUSINESS

Mr. Johnson discussed possibly stepping down from QI Committee because he doesn't feel like he's doing the best job. Ms. Steele asked Mr. Johnson to call her if he can't attend a meeting. She will plan to attend and contact other CFAC members to attend in his absence.

Dr. Donohue reported on the Across the Lifespan Conference on Oct. 31, 2009. Keynotes speakers were excellent and there were approximately 160 registrants.

XI. ADJOURN

Dr. Donohue made a **motion** to adjourn meeting; seconded by Mr. Johnson; passed unanimously. The meeting was adjourned at 7:10 pm.

NEXT MEETING: JOINT CFAC MEETING - DECEMBER 14, 2009 at 6:00pm, Board Room, CenterPoint Human Services

These CFAC Meeting minutes of 11/09/09 were approved on 12/14/09.