

CENTERPOINT HUMAN SERVICES  
CFAC MEETING  
MARCH 18, 2009  
Location: King Public Library, Stokes County

Members Present: Emma Oehman, Tim Blake, Jessica Romahn

Members Absent: Mary Lee

LME Staff Jeff Eads

Division Staff Present: Suzanne Bellian

- I. Call To Order, Review of Minutes, Introductions  
Tim Blake, Chair, called meeting to order at 6:00pm. Quorum was not met. Jessica Romahn, CFAC Vice-Chair was introduced to Emma Oehman. Minutes from February 9, 2009 Joint CFAC meeting were reviewed.

- II. Public Comment  
No one signed in for Public Comment

Division Update

Suzanne Bellian reported on anticipated State budget cuts as proposed in Governor Perdue's budget. There were 320 pages in the overall budget proposal that covered reductions and information regarding the Division of Health and Human Services and specifically directed at MHDDSAS services. Proposed closings of Wright and Whitaker Schools for children are included in proposed budget cuts. Twenty five beds each at Broughton and Cherry Hospitals are proposed to be cut as well. LME's across the board should expect further administrative cuts and Community Services statewide may see as much as \$25 million in cuts. Services for consumers will be cut.

- IV. LME Update  
Jeff Eads reported that Daymark had withdrawn from Stokes County due to continuing loss of money. Since then Stokes County offered vacant office space and Daymark arranged to provide some services at the county owned space. Prior to shutting down services Daymark was serving nearly 150 clients. Daymark made a concerted effort to contact as many of those clients informing them that limited services would be available at the Brown Road facility utilizing a Psychiatric Nurse Practitioner with the capability to prescribe needed medications. CFAC agreed that this is a good thing for local consumers and would alleviate some of them traveling to Winston Salem to receive services. It was also noted that Daymark did

the right thing by contacting clients to insure that no one fell through the crack.

Jeff announced that Angela Grubb had taken a job with Triumph in King, NC leaving behind the position of Stokes County Mental Health Co-ordinator which lost its funding source.

Jeff reviewed the Needs Assessment effort at CenterPoint. Discussion by the members present reiterated the idea of adding to our CFAC agendas a time for Needs Assessment discussion from the membership as a methodical approach to secure input from the CFAC members on service gaps and needs in our communities. The CFAC Chair will include this provision on future agendas.

Jeff reported that CenterPoint staff had updated the CenterPoint website to include more recent CFAC meeting minutes under the website CFAC heading. This had been a request of CFAC leadership as a method to share our public content and maintain transparency to our constituents. Jeff mentioned the RFA process that has been recently completed. He noted that four CFAC members were personally involved and this would be a continuing practice as required to meet state regulations. It was noted that next year the process would be pushed ahead to allow more adequate time for implementation. Also on the down side of the RFA process, some of the providers that submitted application responses were told that due to budget shortfalls there would be fewer providers and consequently fewer services. Awards are ready but they must be postponed due to known cuts and possibly more to come. Staff will keep CFAC notified as awards are made.

Jeff gave CFAC a new form as proposed by the Division regarding State Hospital discharges. This draft form is to be reviewed by CFAC and suggestions can be made. The form should simplify discharge processing and create a base of much needed information needed by the consumer of services and service providers that will serve the consumer in their community upon discharge. The form, Continuing Care Plan (CCP) will fill a gap by alleviating erroneous information or the lack of information regarding the consumer's discharge. CFAC approved of the process and will review and offer comments. CFAC members added that a line for signature by the Peer Support Specialist involved in the discharge planning be included on the last page of the document . This would insure that Peer Support would be included and document the importance of the Peer Support Specialist's role in acclimating the consumer back into his/her community. It was also suggested that the consumer be provided a copy of his/her discharge form, CCP, for their information.

#### V. Chair Report

Tim Blake reported that Barbara Ijames, Board Liaison, was unable to attend the meeting. Several items were mentioned including CFAC members being involved in the RFA process, recent contact by the CFAC Chair and Vice-Chair with the Chair and Vice-Chair of the Provider's

Council in Winston Salem with the intent of sharing information and ideas from both sides of the table for the betterment of services for our consumers, and a need to amend our CFAC By-Laws for the inclusion of Rockingham County CFAC members. Members were given a copy of the proposed FY08 Annual Report cover letter as written by the CFAC Chair at the request of the LME CEO. Informational items were given to members for inclusion in their CFAC notebooks regarding CAP services and the process for applying for CAP, a glossary for acronyms used daily in the MHDDSAS world that will help CFAC understand what they mean and an updated CFAC roster including Rockingham County members that are referred to as guest CFAC members. Jessica Romahn, Vice-Chair, presented information on upcoming trainings that would enable CFAC members in their endeavors to be better advocates. During this session CFAC discussed the need for more involvement in CFAC from Stokes County. Everyone was urged to provide information to those interested and brochures were passed out for outreach opportunities.

CFAC members reviewed the proposed new version of the ACCESS and Customer Service card. A new layout is also proposed for the CFAC brochure. It was noted that the cards be presented in both English and Spanish. These layouts will be reviewed by all CFAC members before the final plan is printed.

VI. Motion to Close

The meeting concluded at 7:15 pm. The next meeting will be the Joint CFAC including Stokes, Davie, Forsyth and Rockingham on April 13, 2009 in Winston Salem. A revised schedule of the Stokes County meeting for May 27, 2009 includes a 6 pm start time. The location for this meeting is to be announced