

**CENTERPOINT HUMAN SERVICES**  
**CFAC Committee Meeting**  
**November 10, 2008**  
**APPROVED MINUTES**  
**Location: Forsyth County**

Members Present: Marguerite Rhodes, Jessica Romahn, Paige Winn, Michelle Cutter, Janet Childress, Tracey Goodwin, Tim Blake

Members Absent: Obie Johnson, Bill Donohue

Staff Present: Jeff Eads, Caroline Steele

Division Staff Present: Suzanne Bellian

Guest Present: Michael Cottingham, Center Point Marketing, Dr. Gloria Kirby-Green - Trainer, Yolanda Floyd-support person for Janet Childress

I. Call to Order, Introductions and Approval of Minutes

- A. Tim Blake, Chair, called the meeting to order at 5:30 p.m.
- B. A call was made and carried for the approval of the Oct. 10, 2008 minutes.

II. Guest Report – Michael Cottingham

Michael presented the Velcro mobile board and discussed the layout of the board and artwork. Pictures will be updated with current CFAC members. This will become marketing tools for CFAC and will be displayed in the community. We discussed the new CFAC logo. The committee was very pleased with the board and logo with a few suggestions made to change font and add bullets. Michael will work on and present at next meeting.

Also presented was the new CenterPoint Website which navigates to the new CFAC section.

III. Division Staff Report

Suzanne Bellian reported the CAP DD Medicaid waiver has been approved. Governor has requested every dept in the state withhold 5% of their budget to cover the budget this year.

Suzanne was asked about the meeting held in Raleigh today which she didn't have any news on at this time.

IV. LME Update

Jeff introduced Caroline Steele who is replacing Jeff as our CenterPoint CFAC representative for Forsyth County. Committee welcomed Caroline and thanked Jeff for his services. Jeff showed on the CenterPoint Website the letters received on the reduction of state dollars. This letter was for a 3% reduction which there is expected another 2% reduction coming. As it stands with CenterPoint's services and the 3% reduction it may be transparent where things would still run smoothly but with another 2% then it will be felt. Services are in two places, services and LME management.

Alternative Service Definition/Code Peer Support Hospital Aftercare Diversion was discussed. CFAC voted to support the creation of this. Jeff reported this process usually takes about two weeks for approval. CFAC was in complete support of Peer Support Specialist utilization at all levels.

*CFAC Minutes 11/10/08 Forsyth Approved (continued)*

Peer Support presence at clients discharge from state hospital was discussed. The decision was made that Peer Support Specialists were not able to aid in the discharge of patients before their release from Central Regional Hospital in Butner, NC. Suzanne Bellian stated that Cherry Hospital allows Peer Support Specialist to assist in discharges of patients. CFAC wants to know why this decision was made. Suzanne will investigate and report back to us. Concern was expressed that there isn't a DD peer support specialist.

Tim Blake, took on the acting chair role in Dec.2008, CFAC voted Tim in as official Chairman of CFAC.

V. Training Update:

Dr. Kirby-Green reviewed training schedules for CFAC members. The agenda has the dates listed. Members were encouraged to attend.

Service Array Conference - Nov 13-14, 2008, Winston-Salem. CFAC voted for Jessica and Michelle to attend which will come out of our budget. Tim Blake will be keynote speaker on Nov 13<sup>th</sup>. Tim's registration expense will be covered by the Div. of Mental Health.

NC Council of Community Programs Conference, Pinehurst, NC, Dec 10-12, 2008. CFAC voted to send Jessica Rohman, Michelle Cutter and Tim Blake. We will use two scholarships to cover the cost of the conference and registration. It was voted that all other expenses and the third's total expense will be funded by CFAC.

VI. New Business

Paige Winn notified the committee that tonight was her last meeting due to her work schedule changing. We thanked her for her services and expressed how she will be missed.

Tim Blake discussed how reporting was done at Forsyth Hospital and that it was very troubling. That when a MH consumer goes to ER for any medical reason not related to mental health issues that the hospital logs that patients in as a mental health consumer instead of what the actual problem is, i.e., Broken arm, etc., and this creates more stigma for the consumer/patient at the ER. CFAC agreed for him to look into this through the administration of Forsyth Hospital and report back to us.

CFAC voted for our December meeting to be a quarterly meeting inviting Stokes/Davie CFAC where we will have food and a more festive atmosphere for the upcoming holidays.

Jessica Rohman asked about the materials they had requested from Suzanne Bellian at the Marketing Strategies training session. After discussion, CFAC indicated a need for notebooks containing By-Laws, CFAC applications, etc for CFAC members. Caroline Steele and Tim Blake will get these purchased, copied and distributed.

VII. Adjourn

Meeting was adjourned at 7:00pm.

Next meeting will be held on December 8, 2008. Quarterly Meeting Davie, Stokes and Forsyth.